

**London Middlesex  
Hospice Palliative Care  
Refresher Day  
October 24, 2018  
End-of-Life in the Frail  
Elderly and Dementia  
Patient**



**ADVANCED REGISTRATION ONLY  
REGISTER BY OCTOBER 10, 2018  
(NO EXCEPTIONS)**

**For Complete Conference Details  
and Registration:**

<https://www.sjhc.london.on.ca/hospice-palliative-care-refresher-day>

**\$100.00**

**Student subsidy available, details on  
website**

**For registration questions or concerns  
please contact Betty Tucker at  
519-685-4086 or by email:  
[betty.tucker@sjhc.london.on.ca](mailto:betty.tucker@sjhc.london.on.ca)**

o This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 5.25 Mainpro+ credits.

o Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

25% of this program is dedicated to participant interaction.

**FOUR POINTS SHERATON  
1150 WELLINGTON RD.  
LONDON, ONTARIO  
N6E 1M3  
519-681-0600  
TOLL FREE: 1-866-716-8133**

**DIRECTIONS**

Exit Hwy 401 at Wellington Rd.  
Travel North 0.5 kilometers.  
Hotel located on east side of Wellington Rd.  
across from White Oaks Mall

**THIS PROGRAM HAS NO  
COMMERCIAL SUPPORT**

8:00– 9:00	Registration and Continental Breakfast
9:00-9:15	Welcome and Introductions
9:15-10:15	<b>MANAGING CHRONIC PAIN IN ADVANCED NON-MALIGNANT ILLNESSES: CASE BASED PRESENTATION</b>
<b>Objectives</b>	Dr. Daphna Grossman MD CCFP(PC) FCFP <ul style="list-style-type: none"> <li>Discuss approaches to pain management in people living with chronic pain and advanced medical illnesses, using the 2017 Canadian Guidelines for Opioid Therapy and Chronic non-Cancer Pain.</li> <li>Review adjuvant therapy for pain management and its application for patients living with advanced non-malignant illnesses</li> <li>Explore the utility of methadone for the management of pain in patients living with advanced non-malignant illnesses</li> </ul>
10:15-10:30	Questions
10:30-10:45	Break
10:45-11:45	<b>DELIRIUM: PREVENTION, RECOGNITION AND MANAGMENT</b>
<b>Objectives</b>	Ann Jarvie RN/CNS, MScN, CPMHN(C) <ul style="list-style-type: none"> <li>Review the signs and symptoms of delirium in the frail elderly and dementia patient</li> <li>Review the risk factors and preventative strategies to minimize the onset of delirium</li> <li>Identify strategies to manage signs and symptoms of delirium and provide education to their family regarding the management of delirium</li> </ul>
11:45-12:00	Questions
12:00-1:00	Lunch
1:00-2:00	<b>QUALITY END-OF-LIFE CARE FOR HOSPITALIZED ADVANCED-AGE ADULTS: ADULT CHILDREN PERCEPTIONS</b>
<b>Objectives</b>	Jacqueline Crandall, RN(EC), MScN, PhD(c) <ul style="list-style-type: none"> <li>Describe the socio-demographic and health related characteristics of advanced-age (85+) adults who die in acute care hospitals in Ontario</li> <li>Articulate essential components associated with quality EOL hospital care for advanced-age adults as identified by their adult children</li> <li>Discuss potential areas for quality improvement to enhance the quality of EOL care provided to advanced-age adults in the local region</li> </ul>
2:00-2:15	Questions
2:15-2:30	Break
2:30-3:30	<b>MUST HAVE CONVERSATIONS FOR LATE AND END STAGE DEMENTIA</b>
<b>Objectives</b>	Dianna Drascic, RN, MScN <ul style="list-style-type: none"> <li>Identify the necessity of long term preparation required by families facing late and end stage dementia</li> <li>Review the topics that must be discussed</li> <li>Present conversational strategies and suggestions that can be used by all team members to facilitate the concept of dying well with dementia</li> </ul>
3:30-3:45	Questions
3:45-4:00	Evaluations and Wrap up