The Department of Psychiatry, Schulich School of Medicine and Dentistry, the University of Western Ontario in partnership with the Coordinated CPD Program of St. Joseph’s Regional Mental Health Care / London Health Sciences Mental Health Care Program

PRESENTS

ADDICTIONS:
A GLOBAL PERSPECTIVE

A Professional Symposium Featuring Plenary Speaker

David C. Marsh
Associate Dean, Community Engagement
Northern Ontario School of Medicine

at the

BEST WESTERN LAMPLIGHTER INN & CONFERENCE CENTRE
591 Wellington Road, London, Ontario

FRIDAY, NOVEMBER 25, 2011
8.00 am – 4.30 pm

WHO SHOULD ATTEND THIS PROFESSIONAL SYMPOSIUM?

• Psychiatrists • Family Physicians • Nurses • Psychologists • Social Workers • Occupational Therapists •
  • Addiction Counselors • Mental Health Care Providers • Residents •

Upon completion of the symposium, participants will be able to:

• Appreciate the biopsychosocial drivers of the range of addictive behaviours and the implications for intervention.
• Understand the neurobiological underpinnings of reward systems and their translation to addictive behaviours.
• Demonstrate skill based interventions for selected addiction and related disorders.

INDUSTRY SPONSORSHIP

This program is supported by educational grants from:

• AstraZeneca Canada Inc. • Eli Lilly Canada Inc. • Janssen Inc. • Lundbeck Canada Inc. •
• Mylan Pharmaceuticals ULC • Otsuka Canada Pharmaceutical Inc. • Pfizer Canada Inc. • Purdue Pharma. •

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, The University of Western Ontario. (6.25 hours)

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 6.25 MAINPRO-M1 credits.
## AGENDA

**MODERATOR:** Dr. Varinder Dua, Director of Education, Department of Psychiatry, Schulich School of Medicine & Dentistry, UWO

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>8:00 – 8:40</td>
<td>Sign In &amp; Continental Breakfast</td>
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<tr>
<td>8:40 – 8:45</td>
<td>Welcome, Opening Remarks: Ms. Linda Sibley, Executive Director, Addiction Services of Thames Valley</td>
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<td>8:45 – 9:45</td>
<td>Plenary: ‘Addictions from a Global Perspective’ Dr. David C. Marsh</td>
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<td>9:45 – 10:00</td>
<td>Morning Break</td>
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<td>10:00 – 12:00</td>
<td>Workshop: (individualized agenda will indicate workshop selection &amp; location)</td>
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<td>12:00 – 1:00</td>
<td>Lunch</td>
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<td>1:00 – 1:30</td>
<td>Translational Research: ‘The Neurobiology of the Reward System’ Dr. Steven Laviolette</td>
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<td>1:30 – 2:00</td>
<td>Community Linkages: ‘Linkages with Community Addiction Services’ Ms. Linda Sibley</td>
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<td>2:00 – 2:15</td>
<td>Afternoon Break</td>
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<td>2:15 – 4:15</td>
<td>Workshop: (individualized agenda will indicate workshop selection &amp; location)</td>
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<td>4:15 – 4:30</td>
<td>Closing Remarks, Wrap-up &amp; Evaluation: Dr. Sandra Fisman, Chair, Department of Psychiatry, Schulich School of Medicine &amp; Dentistry, The University of Western Ontario, Chief, Integrated London Mental Health Services, Regional Mental Health Care and London Health Sciences Centre</td>
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NOTE: 25% of session is devoted to audience participation

### LOCATION
Best Western Lamplighter Inn & Conference Centre  
591 Wellington Road, London, Ontario, Canada N6C 4R3  
519.681.7151 or call Toll Free 1.888.232.6747  
info@lamplighterinn.ca  
http://www.lamplighterinn.ca/  
Driving directions and map on website. A block of rooms has been reserved for attendees until October 24, 2011. Parking is complimentary.

### REFUND POLICY
Notification of cancellation must be in writing and received by November 14, 2011. An administrative fee of $20 will be charged for cancellations received on or before this date. We regret that refunds cannot be offered after the November 14th cancellation date. Receipts will be issued on the day of the symposium.

### CANCELLATION POLICY
The planning committee reserves the right to cancel this program due to insufficient registrations or circumstances beyond its control. Registrants will be notified at the earliest possible date in the event of a cancellation. Registration fees will be refunded in full, however the planning committee will not be liable for any loss, damages or other expenses that such cancellations may cause.

### PLANNING COMMITTEE
- Dr. Varinder Dua (Chair)  
- Ms. Sandra Dunbar  
- Dr. Sandra Fisman  
- Ms. Therese Jacob Goldman  
- Mr. Joel Lamoure  
- Dr. Greg McCarthy  
- Dr. Mary McDonagh  
- Dr. Aziz Haque  
- Dr. Jeffrey Reiss  
- Ms. Glenda Shilleto  
- Ms. Leslien Walters
REGISTRATION FORM

Please print clearly

Name: ___________________________________________________ Telephone: ____________________________________________

Email: ___________________________________________________ (Confirmations will be sent by email only)

WORKSHOP SELECTION (Each registrant will have the opportunity to attend 2 of the 4 workshops offered. We will endeavour to accommodate your choices however workshop numbers are limited. If you do not indicate a preference, workshops will be assigned based on space available)

Please rank your choice of workshops in order of preference 1 - 4 below

- ‘Overeating and Addiction’ – Dr. Marcia Sirota
- ‘Practical Aspects of Smoking Cessation’ – Ms. Anne Finigan
- ‘An Approach to the Management of Concurrent Disorders’ – Dr. Greg McCarthy, Mr. Alex Azores, Ms. Kathleen Dench, Ms. Alison Lebold, Ms. Andrea Pinnell, and Ms. Vicki Swart
- ‘Spectrum of Problem Gambling’ – Ms. Donna Sousa

FEE (Receipts will be issued on the day of the symposium.)
(full day program includes Continental Breakfast, Lunch, Morning & Afternoon Breaks - Registration is limited to 200)

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<th>EARLY BIRD: Before November 11, 2011:</th>
<th>Physician $125</th>
<th>Nursing/Allied Health $90</th>
<th>Resident $50</th>
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<td>On or After November 11, 2011:</td>
<td>Physician $135</td>
<td>Nursing/Allied Health $100</td>
<td>Resident $55</td>
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PAYMENT  

Check/Money Order □ Make cheque/money order payable to “Lawson Research Institute-ADDICTIONS”

Credit Card: Visa □ Mastercard □ Number ___________________________ Expiry Date (mm/yy) ___/___

Name (as it appears on card) ________________________________

Please indicate if you have special dietary requirements: ___________________________________________________

Complete and return this form with payment to:

Joanne Chapman, Research and Education
Regional Mental Health Care London
850 Highbury Ave. N.
P.O. Box 5532 Station B
London, ON N6A 4H1

Email: Joanne.Chapman@sjhc.london.on.ca
Or fax: 519.455.5090
Questions: 519.455.5110 ext. 47240
### PRESENTER BIOS

#### PLENARY

**David C. Marsh, MD, FRCPC**, Associate Dean, Community Engagement, Northern Ontario School of Medicine. From 2004-2010, Dr. Marsh served as the Physician Leader, Addiction Medicine with Vancouver Coastal Health and Providence Health Care and Clinical Associate Professor in the School of Population Health, Faculty of Medicine at the University of British Columbia. From 1996-2003 he held leadership roles at the Addiction Research Foundation and the Centre for Addiction and Mental Health in Toronto. The author of over 40 peer-reviewed papers, book chapters and government reports, Dr. Marsh’s research interests focus primarily on withdrawal management, methadone maintenance, heroin assisted treatment, harm reduction interventions such as supervised injection. In 2004 Dr. Marsh received the Nyswander-Dole Award from the American Association for the Treatment of Opioid Dependence in recognition of his contribution to this field.

#### TRANSLATIONAL RESEARCH

**Steven Laviolette**, BSc, PhD, Associate Professor in the Dept. of Anatomy & Cell Biology, The Schulich School of Medicine, the University of Western Ontario, NARSAD. Young Investigator and CHIR New Investigator. Dr. Laviolette’s investigations into the neurobiology of addiction have focused on nicotine and opiates, both of which represent highly addictive substances and act on pathways in the brain that control reward, motivation and learning. Dr. Laviolette’s research group has characterized and identified specific regions in the mammalian brain that control the ‘switch’ from the non-addicted state, to the addicted state following exposure to drugs of abuse. Their ongoing research seeks to precisely define and identify the neurobiological mechanisms that control the addiction process at the behavioural, molecular and single neuron levels of analysis.

#### COMMUNITY LINKAGES

**Linda Sibley**, BA (Sociology) and Post Graduate Diploma in Clinical Behavioural Sciences, is the Executive Director of Addictions Services of Thames Valley (ADSTV). Linda has over 30 years’ experience in Ontario’s addiction system including residential treatment and outpatient care. She has worked with women, youth, IV drug users and adults. Linda is also a private consultant / trainer and operates LB Sibley Consulting. She teaches courses on Motivational Interviewing and Screening, Assessment and Treatment Planning. She co-authored a Clinical Manual for Ontario’s Addiction System and has participated in a variety of provincial initiatives. She has taught in the Centre for Addiction and Mental Health Summer Institute, Concerns Canada Summer Institute as well as the Western Centre for Continuing Studies in the Certificate in Addictions Program.

#### WORKSHOPS

**Anne Finigan**, RN, MScN, ACNP, is a member of the interdisciplinary team at the London Intercommunity Health Centre providing health and social services to those who experience barriers to care. These barriers include poverty, homelessness, language or culture, and complex and/or chronic health conditions including mental health and addictions. Anne is an accomplished presenter who is TEACH (Training Enhancement in Applied Cessation Counseling and Health) trained. Anne has had the opportunity to apply this training to meet the needs of the diverse and somewhat complex population that she serves on an individual and group basis.

**Greg McCarthy**, MB, BCh, FC Psych (SA), FRCP, Assistant Professor in the Dept. of Psychiatry, Schulich School of Medicine & Dentistry and clinical physician lead of the Concurrent Disorders Program at Regional Mental Health Care. Dr. McCarthy has extensive experience in the diagnosis and management of dual diagnoses co-morbid with addiction, eating disorders and other addictive behaviours. Alexander Azores, RN, Kathleen Dench, BA RN CPMHN(C), Andrea Pinnell, RN, BScN, CPMHN(C), and Vicki Swart, RN, have 15, 15, 15, and 12 years’ experience respectively in direct service provision for people with Concurrent Disorders. Alison Lebold, MSc OT, OT Reg. (Ont.) CPRP, has helped to develop the Canadian Standards and Principles for PSR Canada.

**Marcia Sirota**, MD, FRCPC, is a psychiatrist who practices psychotherapy in Toronto including individual and group therapy, specializing in PTSD, mood disorders, personality disorders, overeating issues and facilitating creativity. Dr. Sirota is an author, speaker, and founder of the Ruthless Compassion Institute. She has been providing women’s workshops dealing with overcoming compulsive eating since 2005. Her book ‘Never Diet Again’ is about overcoming compulsive eating through emotional healing and the development of personal empowerment and self-acceptance.

**Donna Sousa**, MSW, RSW is the Program Co-ordinator for the Problem Gambling and Heartspace Programs at the Addiction Services of Thames Valley (ADSTV). Donna currently works with individuals and families who experience mental health and addictions with the focus in the area of problem gambling. Donna has 12 years of experience in working as a Social Worker and has a variety of experience in working with women especially in the area of trauma.