# Directory of Services and Supports for Children and Youth with Autism Spectrum Disorder in Southwestern Ontario

### **About this Directory / Inclusion Criteria**

Thames Valley Children's Centre (TVCC) is pleased to share this Directory of Service and Supports for Children and Youth with an Autism Spectrum Disorder (ASD). This Directory includes services, supports, groups, clubs, recreational activities and support groups specific to children and youth with ASD, and their families. The Directory is divided according to the ten counties of Southwestern Ontario. Each agency or individual was contacted and confirmed that the information provided is accurate. Many agencies provide services and supports to various people with disabilities, including children and youth with ASD, but not specific to this population; for example, local Community Livings. These agencies were not included in this Directory because they were beyond the scope and focus of this research project.

Although every effort was made to provide a comprehensive and current listing of programs and services, we also recognize that the field is dynamic and ever changing. Please note that inclusion of a service does not imply endorsement of the agency or service, nor does exclusion indicate a lack of endorsement. Thank you to all the people, agencies and clubs who contributed to the development of the Directory. This Directory was made possible due to funding from the Ministry of Children and Youth Services (MCYS).

You are welcome to share this information with families, service providers and anyone else seeking information about services and supports for children and youth with ASD. You do **not** require specific consent from TVCC or MCYS to share this information.

May 2013

## Directory of Services and Supports for Children and Youth with Autism Spectrum Disorder in Southwestern Ontario Huron County

Agency Name	Service or Program	Description	Age Group	Agency Address	E-mail Contact	Website	Referral Process	Funding Agent	English or French Services?
Autism Canada Foundation	Supporting families, building capacity, advocacy, supporting research	Autism Canada's mission critical activities include: 1.Supporting families looking for information and direction on helping their children with autism with a special focus on behavioural and biomedical interventions, 2. Reaching out and building capacity in the medical community by expanding physician's knowledge and awareness of autism as a disorder affecting the whole body with many treatable features, 3. Working to influence policy within governments to provide public health initiatives and policy change, 4. Supporting research into the causes and treatments for autism	All Canadians	P.O. Box 366 Bothwell, ON NOP 1C0 519-695-5858	info@autismcanad a.org	www.autismcan ada.org	Call or e-mail for further information	Personal and Corporate donations and independent fundraising events	English
Autism Ontario Huron Perth Chapter	Moms support group, special events, Sibz Club, PEERS Social Skills Club, Potential Program	Moms support group has monthly meetings. Offers networking, social opportunites, and discussion. A number of special events are provided by the Chapter. Consult the "upcoming events" tab on the Huron Perth website. Sibz Club provides an opportunity for youngsters to gain new skills and mingle with others who understand some of the challenges of having a sibling with a disability. Sibz participate in activities. crafts, games, guest speakers, and have visits from Aunt Chatty. PEERS (Program for the Education and Enrichment of Relational Skills) is a 14-week evidence-based social skills intervention developed by UCLA for motivated teens who are interested in learning new ways to help them make and keep friends. This is a parent-assisted workshop where parents are supported to act as social coaches. Parents and teens participate in seperate concurrent 90-minute training sessions weekly. The Potential Program connects families with resources in the community by offering a Family Support Coordinator and a Event Coordinator who organizes community events, speakers, and workshops.	0-99 years	United Centre, 32 Erie Street, Stratford ON N5A 2M4	autismhuronperth @gmail.com	www.autismonta rio.com/HuronP erth	Contact local Chapter for further information about any of their services or groups	Donors, foundations, corporate support, fundraising activities, grants	English and French
Child and Parent Resource Institute	Autism Spectrum Disorders Clinic	The Child and Parent Resource Institute (CPRI) provides voluntary services to children and youth with complex mental health and/or developmental challenges. They have a range of services for children and youth with ASD including: screening clinic for ASD, diagnostic assessment, clinical consult, educational workshops, consultation, sibling workshops, and ASD Connector publication	Children and youth up to their 18th birthday	600 Sanitorium Road, London ON N6H 3W7 519-858-2774		www.cpri.ca	The intake department handles referrals for outpatient services for 17 counties including the 10 counties of Southwestern Ontario. Referrals are made directly to the intake office. Referrals are reviewed from any source including parents, physicians, schools, or social service agencies with a supporting letter of referral from a physician. Consent forms are available on their website. Essex referrals are processed through their single point of access agencies. Intake department is extension 2024.	Ministry of Children and Youth Services	English

#### **Huron County**

Agency Name	Service or Program	Description	Age Group	Agency Address	E-mail Contact	Website	Referral Process	Funding Agent	English or French Services?
Child and Parent Resource Institute	Service	Children and youth with ASD who present with complex diagnostic and behavioural needs who have not been responsive to previous treatment interventions. Each client will receive a comprehensive interdisciplinary diagnostic assessment and functional assessment of behaviour. The ASD team provides community capacity building. Education sessions focus on ABA-based strategies and are intended for families, educators, and/or other community service providers. The ASD 2 program provides short-term services	Children and youth up to their 18th birthday	600 Sanitorium Road, London ON N6H 3W7 519-858-2774		www.cpri.ca	This service is offered to families and communities within the province of Ontario. See website for eligibility. Referrals for the ASD 2 program are accepted from Local Access Mechanisms. Referrals can be submitted directly to the ASD 2 team at asd2@ontario.ca or via fax at 519-858-8789.	Ministry of Children and Youth Services	English and French
Community Living Central Huron		A 6 week social skills program for youth with autism or Asperger Syndrome. This is a free program for youth transitioning into adolescents and/or high school	Youth aged 11-14 years	-P.O. Box 527, 267 Suncoast Drive East, Goderich ON N7A 4C7 519-524-7362		www.clch.ca	Call agency	Ministry of Children and Youth Services	English
Community Living Central Huron (in partnership with Thames Valley Children's Centre)	services and supports for children and youth with Autism Spectrum Disorders	This program provides a collaborative process to support children and youth with a confirmed ASD diagnosis, by offering consultation and training for parents/caregivers and community providers. This service will focus on one priority goal in one of four areas of development: communication, social/interpersonel, daily living, and behaviour management/emotional regulation using ABA strategies. Whether you are a parent/caregiver, community member, or service provider wanting to learn more about working and playing with this unique population, you can participate in ABA-based services and supports.	Birth up to youth's 18th birthday	P.O. Box 527, 267 Suncoast Drive East, Goderich ON N7A 4C7 519-524-7362		www.clch.ca	Call the Thames Valley Children's Centre (TVCC) Intake at 519-685- 8700 or toll free at 1-866-590- 8822. This is the central intake number to call no matter where families live in Southwestern Ontario	Ministry of Children and Youth Services	English
Forest Cliff Camp		Established in 1939, Forest Cliff Camp is located on a beautiful sandy beach on Lake Huron just 45 minutes from London and 30 minutes from Sarnia. A fun-filled program which includes a variety of activities, comfortable facilities, and tasty food offers their campers the best week of their summer. Their qualified, caring staff provide a safe, inclusive environment where friendships flourish. Forest Cliff Camp is a non-denominational Christian camp that is open to everyone. Children and youth with special needs, including autism spectrum disorders are welcome. Camp is affiliated with Reach for the Rainbow.	Youth aged 6- 12 and teens aged 12-15	8324 Glendale Dr., Lambton Shores ON NON 1J7 519-786-5996	info@fccamp.org	www.fccamp.or	Registrations are available on-line on their web site		English

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Agency Name	Service or Program	Description	Age Group	Agency Address	E-mail Contact	Website	Referral Process	Funding Agent	English or French Services?
Huron Respite Network	ASD Respite Funding	Local Respite Network. Respite services that provide temporary relief from the physical and emotional demands involved in caring for children and youth with ASD and allow the child/youth to engage in meaningful and purposeful activities that promote the continuity of skills and/or help to develop new skills and relationships. Limited camp funding opportunities are also available, based upon resources.	Birth up to youth's 18th birthday	Huron Local Respite Network 15 Rattenbury Street East, Box 1581 Clinton ON N0M 1L0 519-482-3115	huronrespitenet@t cc.on.ca	www.respiteserv ices.com/huron	Contact Local Respite Network	Ministry of Children and Youth Services	English
Safeguards Training for Children and Adult Services	The Respite Learning Portal	The Respite Learning Portal is a program of Safeguards Training for Children and Adult Services. In addition to an on-line Respite Services Training Certificate Program and Autism and your Child, A Parent's Guide, you can also take a Respite Care for People with Autism Certificate Course. The Parent's Guide is a free on-line resource designed to assist parents in searching out a respite worker that is a good fit for their family, and compiling information they may need to best support their child. As a result, parents will have a binder of information that could be relevant to anyone involved or providing services to their child. This organization also provides webinars, inperson training, and other on-line training.	All Ages	100 York Blvd., Suite 120, Richmond Hill ON L4B 1J8 905-889-5030 Ext. 123	caroline@safeguar ds-training.net	training.net	To access the Respite Learning Portal or the Autism and Your Child A Parent's Guide resource go to www.safeguards-training.net and you can link to either the English or French Respite Learning Portal.	Ministry of Children and Youth Services and Ministry of Community and Social Services, South West Region	English and French
South West Region Respite Network	Regional Coordinator	Provides coordination for Autism Spectrum Disorder (ASD) respite services and supports and provides information about respite services and supports available. Comprised of nine Local Respite Networks (LRNs) in Bruce/Grey, Elgin, Huron, Middlesex, Oxford, Perth, Chatham-Kent, Essex, and Lambton counties. Respite supports community of practice meets quarterly and is a gathering of all local respite networks with representatives from all administering agencies of ASD respite funding and community partners.	Birth up to youth's 18th birthday	15 Rattenbury Street East, Box 1581 Clinton ON N0M 1L0 519-606-3600		www.southwestr espitenetwork.c om	Contact Local Respite Network	Ministry of Children and Youth Services	English
Thames Valley Children's Centre	Autism Services, Southwestern Ontario	Thames Valley Children's Centre is a regional rehabilitation centre for children and young adults with physical disabilities, communication disorders, developmental delays and autism spectrum disorders, living primarily in Southwestern Ontario. This program provides intensive behavioural intervention (IBI) to children who have been diagnosed toward the severe end of the autism spectrum. IBI is designed to help children change behaviours, improve their skills, and prepare them for learning in school and other settings. The program covers all areas of child development and is based on the scientific principles of Applied Behaviour Analysis (ABA).	Birth up to youth's 18th birthday	779 Base Line Road East, London ON N6C 5Y6 519-685-8700 or toll free 1-866-590-8822		www.tvcc.on.ca	Referrals can be made by calling Intake at 519-685-8700. If you are calling from outside the London area, you can call toll free at 1-866-590-8822. You could also print and complete a Referral Form (found on the TVCC web site under the Referrals tab) and mail it to TVCC, Attention: Intake or fax the form to 519-685-8705	Ministry of Children and Youth Services	English

#### **Huron County**

Agency Name	Service or Program	Description	Age Group	Agency Address	E-mail Contact	Website	Referral Process	Funding Agent	English or French Services?
	Individual, couple, and family therapy	The focus of this practice is providing clinical services to children, teens, and adults with Asperger Syndrome (AS) and autism. Services include: individual, couple, and family therapy using a cognitive behaviour therapy approach; preparing students for the transition into highschool, university, or college; treating anxiety, depression, and obsessive-compulsive disorder; stress management and strengthening family relationships; effective family advocacy; psycho-diagniostic assessments; presentations and workshops. The Redpath Centre actively participates in research.	Birth up to youth's 18th birthday	341 Talbot Street, Suit 212, London ON N6A 2R5 519-266-3474		ntre.ca	Self-referral or by a mental health professional. There is a fee for service and a sliding scale is available. The fee is covered by some insurance plans. Services are usually tax deductible	Funded by individuals, families, and insurance plans	English