

Directory of Services and Supports for Children and Youth with Autism Spectrum Disorder in Southwestern Ontario

About this Directory / Inclusion Criteria

Thames Valley Children's Centre (TVCC) is pleased to share this Directory of Service and Supports for Children and Youth with an Autism Spectrum Disorder (ASD). This Directory includes services, supports, groups, clubs, recreational activities and support groups specific to children and youth with ASD, and their families. The Directory is divided according to the ten counties of Southwestern Ontario. Each agency or individual was contacted and confirmed that the information provided is accurate. Many agencies provide services and supports to various people with disabilities, including children and youth with ASD, but not specific to this population; for example, local Community Livings. These agencies were not included in this Directory because they were beyond the scope and focus of this research project.

Although every effort was made to provide a comprehensive and current listing of programs and services, we also recognize that the field is dynamic and ever changing. Please note that inclusion of a service does not imply endorsement of the agency or service, nor does exclusion indicate a lack of endorsement. Thank you to all the people, agencies and clubs who contributed to the development of the Directory. This Directory was made possible due to funding from the Ministry of Children and Youth Services (MCYS).

You are welcome to share this information with families, service providers and anyone else seeking information about services and supports for children and youth with ASD. You do **not** require specific consent from TVCC or MCYS to share this information.

May 2013

Directory of Services and Supports for Children and Youth with Autism Spectrum Disorder in Southwestern Ontario

Perth County

| Agency Name | Service or Program | Description | Age Group | Agency Address | E-mail Contact | Website | Referral Process | Funding Agent | English or French Services? |
|-------------------------------------|--|---|--|---|--|--|---|--|-----------------------------|
| Autism Canada Foundation | Supporting families, building capacity, advocacy, supporting research | Autism Canada's mission critical activities include: 1.Supporting families looking for information and direction on helping their children with autism with a special focus on behavioural and biomedical interventions, 2. Reaching out and building capacity in the medical community by expanding physician's knowledge and awareness of autism as a disorder affecting the whole body with many treatable features, 3. Working to influence policy within governments to provide public health initiatives and policy change, 4. Supporting research into the causes and treatments for autism | All Canadians | P.O. Box 366 Bothwell, ON N0P 1C0 519-695-5858 | info@autismcanada.org | www.autismcanada.org | Call or e-mail for further information | Personal and Corporate donations and independent fundraising events | English |
| Autism Ontario Huron Perth Chapter | Moms support group, special events, Sibz Club, PEERS Social Skills Club, Potential Program | Moms support group has monthly meetings. Offers networking, social opportunities, and discussion. A number of special events are provided by the Chapter. Consult the "upcoming events" tab on the Huron Perth website. Sibz Club provides an opportunity for youngsters to gain new skills and mingle with others who understand some of the challenges of having a sibling with a disability. Sibz participate in activities. crafts, games, guest speakers, and have visits from Aunt Chatty. PEERS (Program for the Education and Enrichment of Relational Skills) is a 14-week evidence-based social skills intervention developed by UCLA for motivated teens who are interested in learning new ways to help them make and keep friends. This is a parent-assisted workshop where parents are supported to act as social coaches. Parents and teens participate in separate concurrent 90-minute training sessions weekly. The Potential Program connects families with resources in the community by offering a Family Support Coordinator and a Event Coordinator who organizes community events, speakers, and workshops. | 0-99 years | United Centre, 32 Erie Street, Stratford ON N5A 2M4 | autismhuronperth@gmail.com | www.autismontario.com/HuronPerth | Contact local Chapter for further information about any of their services or groups | Donors, foundations, corporate support, fundraising activities, grants | English and French |
| Child and Parent Resource Institute | Autism Spectrum Disorders Clinic | The Child and Parent Resource Institute (CPRI) provides voluntary services to children and youth with complex mental health and/or developmental challenges. They have a range of services for children and youth with ASD including: screening clinic for ASD, diagnostic assessment, clinical consult, educational workshops, consultation, sibling workshops, and ASD Connector publication | Children and youth up to their 18th birthday | 600 Sanitorium Road, London ON N6H 3W7 519-858-2774 | | www.cpri.ca | The intake department handles referrals for outpatient services for 17 counties including the 10 counties of Southwestern Ontario. Referrals are made directly to the intake office. Referrals are reviewed from any source including parents, physicians, schools, or social service agencies with a supporting letter of referral from a physician. Consent forms are available on their website. Essex referrals are processed through their single point of access agencies. Intake department is extension 2024. | Ministry of Children and Youth Services | English |

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| Child and Parent Resource Institute | Autism Spectrum Disorders 2 Enhanced Service | Children and youth with ASD who present with complex diagnostic and behavioural needs who have not been responsive to previous treatment interventions. Each client will receive a comprehensive interdisciplinary diagnostic assessment and functional assessment of behaviour. The ASD provide community capacity building. Education sessions focus on ABA-based strategies and are intended for families, educators, and/or other community service providers. The ASD 2 program provides short-term services | Children and youth up to their 18th birthday | 600 Sanitorium Road, London ON N6H 3W7 519-858-2774 | | www.cpri.ca | This service is offered to families and communities within the province of Ontario. See website for eligibility. Referrals for the ASD 2 program are accepted from Local Access Mechanisms. Referrals can be submitted directly to the ASD 2 team at asd2@ontario.ca or via fax at 519-858-8789. | Ministry of Children and Youth Services | English and French |
| Community Living Central Huron (in partnership with Thames Valley Children's Centre) | Applied Behaviour Analysis (ABA)-based services and supports for children and youth with Autism Spectrum Disorders | This program provides a collaborative process to support children and youth with a confirmed ASD diagnosis, by offering consultation and training for parents/caregivers and community providers. This service will focus on one priority goal in one of four areas of development: communication, social/interpersonel, daily living, and behaviour management/emotional regulation using ABA strategies. Whether you are a parent/caregiver, community member, or service provider wanting to learn more about working and playing with this unique population, you can participate in ABA-based services and supports. | Birth up to youth's 18th birthday | P.O. Box 527, 267 Suncoast Drive East, Goderich ON N7A 4C7 519-524-7362 | | www.clch.ca | Call the Thames Valley Children's Centre (TVCC) Intake at 519-685-8700 or toll free at 1-866-590-8822. This is the central intake number to call no matter where families live in Southwestern Ontario | Ministry of Children and Youth Services | English |
| Family Services Perth-Huron | Buddy Up! Social Skills Group | A social skills opportunity for youth transitioning into adolescents and/or highschool. An 8-week curriculum covering a range of social skills and opportunities to practice skills in the community. For youth diagnosed with high-functioning autism and Asperger Syndrome | 11-14 years of age | 142 Waterloo Street, Stratford ON N5A 4B4 519-273-1020 or toll free at 1-800-268-0903 | | | Call Family Services Perth Huron | Ministry of Children and Youth Services | English |
| | ASD Respite Funding | Local Respite Network.Respite services that provide temporary relief from the physical and emotional demands involved in caring for children and youth with ASD and allow the child/youth to engage in meaningful and purposeful activities that promote the continuity of skills and/or help to develop new skills and relationships. Families can opt for direct funding or direct service <u>based upon available resources</u> . Limited camp funding opportunities are also available, based upon resources. | Birth up to youth's 18th birthday | Family Services Perth-Huron 142 Waterloo Street, Stratford ON N7A 3P6 519-273-1020 | nfarr@fsph.ca | | Contact Local Respite Coordinator | Ministry of Children and Youth Services | English |
| Independent | Parents in Perth | A network dedicated to providing support, outreach, and strategies for self-care to parents, siblings, extended family members, friends and caregivers of those individuals with disabilities. The goal of Parents in Perth is to be a vehicle that connects families and others who share similar life experiences living with a person with a disability. Special events include outings, barbecues, and educational speakers | | 519-284-1400 Ext. 234 | | | Call the facilitator for any further information | Sponsorship | English |

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| Safeguards Training for Children and Adult Services | The Respite Learning Portal | The Respite Learning Portal is a program of Safeguards Training for Children and Adult Services. In addition to an on-line Respite Services Training Certificate Program and <i>Autism and Your Child, A Parent's Guide</i> , you can also take a Respite Care for People with Autism Certificate Course. The <i>Parent's Guide</i> is a free on-line resource designed to assist parents in searching out a respite worker that is a good fit for their family, and compiling information they may need to best support their child. As a result, parents will have a binder of information that could be relevant to anyone involved or providing services to their child.This organization also provides webinars, in-person training, and other on-line training. | All Ages | 100 York Blvd., Suite 120, Richmond Hill ON L4B 1J8 905-889-5030 Ext. 123 | caroline@safeguards-training.net | www.safeguards-training.net | To access the Respite Learning Portal or the <i>Autism and Your Child A Parent's Guide</i> resource go to www.safeguards-training.net and you can link to either the English or French Respite Learning Portal. | Ministry of Children and Youth Services and Ministry of Community and Social Services, South West Region | English and French |
| South West Region Respite Network | Regional Coordinator | Provides coordination for Autism Spectrum Disorder (ASD) respite services and supports and provides information about respite services and supports available. Comprised of nine Local Respite Networks (LRNs) in Bruce/Grey, Elgin, Huron, Middlesex, Oxford, Perth, Chatham-Kent, Essex, and Lambton counties. Respite supports community of practice meets quarterly and is a gathering of all local respite networks with representatives from all administering agencies of ASD respite funding and community partners. | Birth up to youth's 18th birthday | 15 Rattenbury Street East, Box 1581 Clinton ON N0M 1L0 519-606-3600 | | www.southwestrespite.network.com | Contact Local Respite Network | Ministry of Children and Youth Services | English |
| Thames Valley Children's Centre | Autism Services, Southwestern Ontario | Thames Valley Children's Centre is a regional rehabilitation centre for children and young adults with physical disabilities, communication disorders, developmental delays and autism spectrum disorders, living primarily in Southwestern Ontario. This program provides intensive behavioural intervention (IBI) to children who have been diagnosed toward the severe end of the autism spectrum. IBI is designed to help children change behaviours, improve their skills, and prepare them for learning in school and other settings. The program covers all areas of child development and is based on the scientific principles of Applied Behaviour Analysis (ABA). | Birth up to youth's 18th birthday | 779 Base Line Road East, London ON N6C 5Y6 519-685-8700 or toll free 1-866-590-8822 | | www.tvcc.on.ca | Referrals can be made by calling Intake at 519-685-8700. If you are calling from outside the London area, you can call toll free at 1-866-590-8822. You could also print and complete a Referral Form (found on the TVCC web site under the Referrals tab) and mail it to TVCC, Attention: Intake or fax the form to 519-685-8705 | Ministry of Children and Youth Services | English |
| The Redpath Centre | Individual, couple, and family therapy | The focus of this practice is providing clinical services to children, teens, and adults with Asperger Syndrome (AS) and autism. Services include: individual, couple, and family therapy using a cognitive behaviour therapy approach; preparing students for the transition into highschool, university, or college; treating anxiety, depression, and obsessive-compulsive disorder; stress management and strengthening family relationships; effective family advocacy; psycho-diagnostic assessments; presentations and workshops. The Redpath Centre actively participates in research. | Birth up to youth's 18th birthday | 341 Talbot Street, Suit 212, London ON N6A 2R5 519-266-3474 | | www.redpathcentre.ca | Self-referral or by a mental health professional. There is a fee for service and a sliding scale is available. The fee is covered by some insurance plans. Services are usually tax deductible | Funded by individuals, families, and insurance plans | English |