South West Regional Wound Care Toolkit
B.5.2 Comprehensive Assessment of Chronic Pain in Wounds
Screening for pain on admission or later revealed a pain score of 4 or more.

<table>
<thead>
<tr>
<th>Physician</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Client</td>
<td>Date</td>
</tr>
<tr>
<td>Case Manager</td>
<td>Nurse</td>
</tr>
<tr>
<td>Ext</td>
<td>Pager</td>
</tr>
</tbody>
</table>

I have asked the individual to contact you to make an appointment to review their pain management options & have completed a comprehensive assessment and have indicated the findings below.

**Location of Wound(s):**
- **Wound pain location:** (check all that apply)
  - In the wound
  - Around the wound
  - Is referred

**Other:**

**Characteristics of Pain** (check all that apply)
- **Duration of Pain**
  - Days
  - Weeks
  - Months
- **Persistence of Pain**
  - With activity
  - With rest
- **Incidence of Pain**
  - With dressing change
  - With wound cleansing
  - With debridement

**Other factors**
- Infection
- Inflammation
- Edema

Pain is worse when/aggravated by:

Pain is relieved/reduced when:

No action or activity relieves the pain. Examples of things tried in the past (include non-pharmacological) are:

**Intensity of Pain**
- **Client describes pain as**
  - At present out of 10
  - At worst out of 10
  - With analgesic use out of 10
- **Clients goal for pain score**
  - At rest out of 10
  - With activity out of 10

**Quality of Life – Pain interferes with:** (check all that apply)
- Sleep
- Appetite
- Mobility
- Energy
- Work
- Leisure
- Mood/Self Esteem

**Type of Pain** (check all that apply)
- **Neuropathic Pain**
  - Described as stinging, shooting, stabbing, burning, electric shock or searing (occurs with wounds related to diabetic or other neuropathies, pressure on tissues or vascular disease)
  - Neuropathic Alldynia
  - Neuropathic Hyperalgesia
- **Nociceptive Pain**
  - Described as aching (occurs with tissue damage as well as the inflammatory process)
  - Somatic
  - Visceral
- **Mixed Pain**
  - Both neuropathic and nociceptive (somatic or visceral)

**Current wound treatment is:**

**Current analgesia (include breakthrough dosing) is:**

**Side Effects Experienced**
- N&V
- Constipation
- Drowsiness/Confusion
- Other:

This pain assessment has been reviewed with the individual and he/she agrees it is accurate.

<table>
<thead>
<tr>
<th>Nurse Signature</th>
<th>Pager</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>Mobile (optional)</td>
</tr>
</tbody>
</table>