ICHTHOPASTE*  
Medicated Paste Bandage  
This information is intended for Healthcare Professionals only.

Description
Ichthopaste* Medicated Paste Bandage

Features
- Open weave bandage
- Impregnated with a paste containing zinc oxide and Ichthammol
- Individually wrapped

Benefits
Impregnated with a paste containing zinc oxide and Ichthammol

- Ichthopaste bandages contain Ichthammol which reduces irritation, soothes the skin and helps the ulcer heal
- Ichthopaste bandages relieves irritation and is designed for ulcers that are surrounded by sensitive skin

Open weave bandage

- The softness of the Ichthopaste bandages means they are simple to apply and easy to remove (soft and pliable after application).
- Ichthopaste bandages will not dry out during wear time.
- Ichthopaste bandages provides a moist wound healing environment over the ulcer.

Individually wrapped

- Easy identification
- Easy storage

Indications
Ichthopaste is indicated in the management of leg ulcers, where venous insufficiency exists, the paste bandage should be used under graduated compression bandaging.

Contraindications / Precautions
Precautions
Where venous insufficiency exists, Ichthopaste should be used under graduated compression bandaging,
after first assessing the patient to exclude arterial disease. The use of Doppler ultrasound is recommended for this purpose. Compression bandaging should not be used on patients who have arterial disease (ABPI<0.8) and is not recommended for use on diabetic patients with advanced small vessel disease.

**Failure to detect reduced arterial flow can result in pressure necrosis, amputation, or even death. The risk of a patient having arterial as well as venous disease rises with age.**

**Ichthopaste** should not be used in known cases of sensitivity or allergy to any of the ingredients. The skin of leg ulcer patients is easily sensitised to topical medicaments, including preservatives. Sensitisation should be suspected in patients particularly where there is deterioration of the surrounding skin. Such patients should be referred for a specialist diagnosis, including patch testing.

One of the functions of occlusive bandages is to increase absorption. Care should be taken, therefore, if it is decided to apply topical steroid, anaesthetic or retinoid preparations under the bandage, as their absorption may be significantly increased. This may lead to a shorter duration of effect of a topical anaesthetic product in addition to increasing the risk of sensitisation to these preparations.

Ichthammol may increase the absorption of corticosteroids, heparin or chloramphenicol through the skin. Ichthammol has also been shown to synergise the activity of oxytetracycline and antagonise the activity of ampicillin when present together in various ointment bases.

**Contraindications**
None

**Instructions for Use:**

Beginning at the base of the toes, the bandage should be loosely wrapped around the foot and heel and then, whilst wrapping from the ankle, with every turn the bandage should be folded back on itself in a pleat, at the front of the leg.

This should be repeated up the leg until just below the knee.

Compression bandaging may follow.

Once **Ichthopaste** has been applied, the leg should be covered by a bandage or dressing to prevent soiling to clothes.

**Reimbursement Information**

**Ichthopaste** is available on Drug Tariff:

<table>
<thead>
<tr>
<th>Catalogue #</th>
<th>Size</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>4959</td>
<td>7.5 cm x 6 m</td>
<td>12 bandages</td>
</tr>
</tbody>
</table>