

# 30th Annual Geriatric Medicine Refresher Day

## Rethinking the Care of Our Elders

Wednesday, May 4, 2016

7:30 a.m. - 4:00 p.m.

London Convention Centre, London, Ontario

LEGEND - WORKSHOP SUITED FOR: (A) - Allied Health, (N) - Nurses, PSWs, (P) - Physicians, Pharmacists

### 7:30 - 8:25 a.m. - REGISTRATION, DISPLAYS & REFRESHMENTS

### 8:30 - 8:40 a.m. - WELCOMING REMARKS

Laura Diachun, MD, Conference Chair, Division of Geriatric Medicine, St. Joseph's Health Care London

### 8:40 - 9:40 a.m. - PLENARY SESSION

#### Physician Assisted Death: Where Are We And How Did We Get Here?

Raza Naqvi, MD, St. Joseph's Health Care London

- Discuss the Canadian and international context of physician-assisted death
- Discuss the current regulations and practice in London

### 9:45 - 10:45 a.m. - MORNING CONCURRENT WORKSHOPS I

#### 1. Exploring Challenging Cases In Assisted Death (A, P, N)

Raza Naqvi, MD, St. Joseph's Health Care London

- Apply the current legal and ethical framework of assisted death to clinical cases and identify the challenges

#### 2. Neuroimaging Of Dementia For Dummies (P, N)

David F. Tang-Wai, MDCM, University of Toronto

- Discuss the principles of reading CT, MRI, SPECT, and PET scans of the brain
- Identify key neuroanatomical structures and determine the key neuroimaging features of various dementing disorders

#### 3. Top Geriatric Papers of 2015 (A, P, N)

Chris Brymer, MD, St. Joseph's Health Care London

- Apply current literature to primary elder care

#### 4. Diabetes Management: A Focus On Pharmacotherapy (P, N)

Payal Patel, PharmD, Byron Family Medical Center, London

- Discuss the mechanisms of action of medications use in the management of diabetes
- Identify monitoring parameters for anti-diabetic agents

#### 5. Food: The Four Letter Word In Residential Care (A, N)

Kath Murray, RN, Founder of Life and Death Matters, Saanichton, BC

- Discuss research explaining why many people experience decreased appetite and involuntary weight loss at end of life
- Identify the truths about intake at end of life and describe ways to discuss these with family members

#### 6. Person-Centred Communication With Individuals With Dementia: Realizing The Possibilities (A, N)

Marie Y. Savundranayagam, PhD, Western University

- Identify missed opportunities for person-centered communication
- Discuss the impact of using person-centered communication with long-term care staff and persons with dementia

### 10:45 - 11:10 a.m. - REFRESHMENTS, DISPLAYS & NETWORKING

### 11:15 a.m. - 12:15 p.m. - MORNING CONCURRENT WORKSHOPS II

#### 7. Prescribing Medical Marijuana: Medical-Legal Considerations (A, P, N) (This session is not accredited by the CFPC)

Tim Zmijowskyj, MD, Physician Risk Manager, CMPA

- Describe medical-legal risks associated with prescribing marijuana
- Identify strategies to mitigate risk

#### 8. Discharge Planning With Older Adults: Are We Achieving Our Goals? (A, N)

Evelyne Durocher, PhD, Western University

- Identify how various elements in practice contexts can influence perspectives and actions in discharge planning
- Discuss ways to better align discharge planning practice with aims of rehabilitation

#### 9. Breathless, Forgetful Fallers, With A Touch Of Sweetness (P, N)

George A. Heckman, MD, University of Waterloo

- Discuss the impact of multimorbidity and cognitive impairment on older persons with heart failure

#### 10. Dementia and Palliative Care: When, Why, Where And How (A, N)

Daphna Grossman, MD, North York General Hospital, Toronto

Giulia Anne Perri, MD, Baycrest Health Sciences, Toronto

- Discuss when to integrate palliative care into the care of a patient with dementia
- Develop an approach to decision making for symptoms associated with dementia and apply a palliative care lens to their management

#### 11. Top Geriatric Papers of 2015 (A, P, N)

##### Repeat of Workshop #3

Chris Brymer, MD, St. Joseph's Health Care London

#### 12. Deprescribing In The Elderly (P, N)

Lalitha Raman-Wilms, PharmD, University of Toronto, Toronto

Lisa McCarthy, PharmD, Women's College Hospital, Toronto

- Define deprescribing and discuss its place in the prescribing continuum
- Discuss approaches, strategies and priorities for deprescribing

### 12:15 - 1:15 p.m. - LUNCH, DISPLAYS & NETWORKING

### 1:15 - 2:15 p.m. - PLENARY SESSION

#### Choosing Wisely Canada: The Dos And Don'ts In Geriatric Medicine

Peter Lin, MD, Director of Primary Care Initiatives, Canadian Heart

Research Centre

- Identify tests and treatments of minimal benefit from the Choosing Wisely Database of recommendations
- Describe how ordering high value items and reducing low value items can keep our patients healthier while reducing costs

### 2:15 - 2:40 p.m. - AFTERNOON BREAK

### 2:45 - 3:45 p.m. - AFTERNOON CONCURRENT WORKSHOPS

#### 13. The APP APP APP APP Maze (A, P, N)

Peter Lin, MD, Director of Primary Care Initiatives, Canadian Heart

Research Centre

- Identify helpful apps for the health care professional

#### 14. Elder Care Mediation: A Valuable Resource For The Health Care Professional (A, P, N)

Malcolm Bennett, LLB, McKenzie Lake Lawyers LLP, London

- Define alternative dispute resolution
- Describe what this form of mediation entails and the process used to resolve disputes involving elders, family and health care provider

#### 15. Unprecedented! We Have Never Died Like This (A, N)

Kath Murray, RN, Founder of Life and Death Matters, Saanichton, BC

- Identify four common patterns of decline and associated challenges
- Discuss ways to provide support throughout this decline

#### 16. Deprescribing In The Elderly (P, N)

##### Repeat of Workshop #12

Lalitha Raman-Wilms, PharmD, University of Toronto, Toronto

Lisa McCarthy, PharmD, Women's College Hospital, Toronto

#### 17. Prescribing Medical Marijuana: Medical-Legal Considerations (A, P, N) (This session is not accredited by the CFPC)

##### Repeat of Workshop #7

Tim Zmijowskyj, MD, Physician Risk Manager, CMPA

#### 18. Breathless, Forgetful Fallers, With A Touch Of Sweetness (P, N)

##### Repeat of Workshop #9

George A. Heckman, MD, University of Waterloo

### 3:45 - 4:00 p.m. - EVALUATION

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### EVENT DETAILS

Wednesday, May 4, 2016

Registration: 7:30 - 8:25 a.m.

Opening Remarks: 8:30 a.m.

London Convention Centre, 300 York Street, London, ON

\$160.00 per person

\$60 per full-time student/volunteer (maximum of 30)

### WHO SHOULD ATTEND

Given the interdisciplinary nature of geriatric care and the feedback from the 2015 conference evaluations, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists (OT, PT, SLP, RT), pharmacists, dietitians, psychologists, social workers, researchers, educators, and discharge planners, as well as people serving primarily in administrative positions.

### ABOUT THE CONFERENCE

We are proud to present and celebrate our 30th annual conference in Geriatric Medicine that provides professionals with the opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care for the older adult. The plenary session encourages interdisciplinary discussion of a subject common to all, while concurrent sessions provide medical updates and review of best practices of topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. We encourage you to visit our display area in the Exhibitor Hallway.

### STUDY CREDITS

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (5.5 hours)

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University, for up to 5.5 Mainpro-M1 credits. Participants attending the Medical Marijuana Workshop can claim up to 4.5 Mainpro-M1 credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

### INDUSTRY SPONSORS

This program is sponsored in part by educational grants from Amgen Canada.

### REGISTRATION

All electronic registrations received prior to April 1, 2016 will be entered into our "Early Bird Draw" and are eligible to receive a full refund of the 2016 registration fee. We encourage all to register prior to April 1, 2016. Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing after April 27, 2016 will result in a \$40 administration fee. Registrations received after April 27, 2016 will be considered only if space permits.

### PARKING

Parking is not included in your registration fee. Please be prepared to pay for your own parking. Parking is available at the London Convention Centre underground lot or in the Impark lot across the street for \$6 - \$10.

### PLEASE NOTE

The London Convention Centre can get chilly — dress in layers. A coat check will be available on the ground floor of the Convention Centre. This is a fragrance-free conference — be considerate to those with allergies. Be sure to inform us of any special dietary needs.

### ONLINE REGISTRATION ONLY

Please register online at [sjhc.london.on.ca/grd](http://sjhc.london.on.ca/grd) to ensure that you receive next year's flyer.

To receive the 2017 flyer without registering this year, please e-mail Jennifer Whytock at [jennifer.whytock@sjhc.london.on.ca](mailto:jennifer.whytock@sjhc.london.on.ca)