



Coordinated Care Planning

Information for
Patients/Clients/Caregivers

Sometimes it can be hard to get the care you need - lots of people to see, appointments to go to, and information to share. It may be tough to keep track of it all. Perhaps, you feel that what matters most to you is not being heard.

Coordinated Care Planning can help.

Coordinated Care Planning pulls together people and services on a **Care Team** to create a **Care Plan** that is right for you.

This plan will include what is important to you, what your needs are, and how your Care Team will work together to keep you as well as possible. The Care Plan will be shared with you and all Care Team members **so everyone has the right information at the right time.**

As your needs change, your Care Plan will change too.

Who decides if you should have a Coordinated Care Plan?

You do, along with your Care Team.

Who is on my Care Team?

Your Care Team is made up of anyone helping you with your care. It may include your doctor, nurse, counsellor, pharmacist, social worker, family, or friend.

One person on the Care Team will be in charge of sharing information with you and the rest of the team – that way, you will know who to call when you have questions about your Care Plan.

How does it work?

Getting Started. You will be contacted to set up a time to talk about what matters most to you. You will decide who needs to be a part of your Care Team and set a time and location for your care conference.

Care Conference. Your Care Team will meet with you to understand your hopes and goals, figure out how best to support you, and build a Care Plan.

Follow-up. Your Care Team will see you over time and check on how you are doing. They will share information with each other so they all know if you are getting the care you need.

To ask about Coordinated Care Planning for you, or someone you support, talk with your care provider or call:

1-855-371-6337

More information is available on our websites:

Grey Bruce

www.gbhealthlink.southwesthealthline.ca

Huron Perth

www.hphealthlink.southwesthealthline.ca

London Middlesex

www.lmhealthlink.southwesthealthline.ca

Oxford

www.oxfordhealthlink.southwesthealthline.ca

Elgin

www.elginhealthlink.southwesthealthline.ca

