We don’t stop playing because we grow old; we grow old because we stop playing.

- George Bernard Shaw
Introduction

This Guide to Recreation and Leisure Services available for older adults in London was originally developed by the Recreation and Leisure Committee of the former Seniors Community Association. The mandate of the Recreation and Leisure Committee is to ensure that London seniors have access to recreation and leisure opportunities that offer choice and are geared to seniors’ interests, abilities, while maintaining and improving their quality of life. It is now part of the Age Friendly London Network Social Participation working group.

Given the range of leisure services being offered across London, access to information and awareness of those services has been raised repeatedly as the main impediment to taking part in the many community activities available and this is the purpose of the guide. The information contained has been collected to provide older adults with a primary point of contact. Although every effort has been made to ensure its accuracy, program changes occur regularly and users are urged to contact the services directly and verify the program details they are interested in. Periodic updates of this guide will be done and any errors or omissions reported will be corrected in future editions.

For more information or to provide updates please contact:

Bev Farrell
Co-chair Social Participation
Working Group Age Friendly London
seniors.informationlondon.ca

c/o Third Age Outreach
of St. Joseph’s Health Care London

Contact
519.661.1620
www.thirdageoutreach.ca
Beverly.farrell@sjhc.london.on.ca

Location
Kiwanis Seniors Community Centre
78 Riverside Drive London, Ontario
N6H 1B4
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A Friendly Reminder:
Readers should inquire directly with each program regarding:

- If advance registration is required or is the program drop-in?
- If programs are free or are membership or program fees required?
- If fee discounts or subsidies may be available?
- Level of building and program accessibility?
- Availability of busing or proximity to public transit and parking?

Areas of London

- NE North East
- NW North West
- SE South East
- SW South West
- CE Central East
- CW Central West
- ALL All Areas
Aquatic Programs

BERKSHIRE CLUB
519-471-4590
500 Berkshire Dr.
www.sifton.com/residential/berkshireclub

BOB HAYWARD YMCA
519-451-2395
1050 Hamilton Rd.
www.ymcawo.ca

CANADA GAMES AQUATIC CENTRE
519-661-4455
1045 Wonderland Rd.
www.london.ca/recreation/aquatics

CARLING HEIGHTS OPTIMIST COMMUNITY CENTRE
519-661-2525
656 Elizabeth St.
www.london.ca/recreation/aquatics

CENTRE BRANCH YMCA
519-667-3300
382 Waterloo St.
www.ymcawo.ca/cby

CHELSEY PARK HEALTH CLUB
519-432-8504
312 Oxford St. W
www.chelseypark.com

FOREST EDGE COMMUNITY POOL
519-473-1724
427 Village Green Ave.
www.forestedgepool.ca

HORTON ST. SENIORS CENTRE
519-434-9114
184 Horton St.
www.bgclondon.ca/seniorsprograms

SEASONAL SWIMMING CITY OF LONDON
519-661-4455
www.london.ca/seniors/aquatics

SOUTH LONDON COMMUNITY POOL
519-661-0920
585 Bradley Ave.

STONEY CREEK YMCA
519-667-4400
920 Sunningdale Rd. E.
www.ymcawo.ca

WOODCREST POOL
695 Village Green Ave.
www.woodcrestpool.ca
### Senior Centres & Satellites

**ARGYLE SENIORS’ SATELLITE - CITY OF LONDON**  
519-661-2500 ext. 5769  
East London Library,  
2016 Dundas St.  
www.london.ca/seniors

**BERKSHIRE SENIORS’ SATELLITE - CITY OF LONDON**  
519-661-2500 ext. 5769  
The Berkshire Club  
500 Berkshire Dr.  
www.london.ca/seniors

**BEACOCK SENIORS SATELLITE - CITY OF LONDON**  
519-661-2500 ext. 5769  
BEACOCK LIBRARY  
1280 Huron St.

**BOYLE SENIORS SATELLITE - CITY OF LONDON**  
519-661-2500 ext. 5769  
Boyle Memorial Community Centre, 530 Charlotte St.  
www.london.ca/seniors

**CHALMERS SENIORS SATELLITE - CITY OF LONDON**  
519-661-2500 ext. 5769  
342 Pond Mills Rd.  
www.london.ca/seniors

**WESTMINSTER SENIORS SATELLITE - CITY OF LONDON**  
519-661-2500 ext. 5769  
Westminster Park Church,  
1190 Southdale Rd. E.

**HORTON STREET SENIORS CENTRE**  
519-434-9114  
184 Horton St.  
www.bgc.london.ca/seniorsprograms

**KIWANIS SENIORS COMMUNITY CENTRE**  
519-661-5740  
78 Riverside Dr.  
www.london.ca/seniors

**SENIORS GATHERING PLACE**  
Drop in Tuesdays 9am-12pm  
Covent Garden Market  
2nd Floor. 130 King St.

**HAMILTON ROAD SENIORS CENTRE**  
519-661-5758  
525 Hamilton Rd.  
www.london.ca/seniors

**WESTMOUNT GATHERING PLACE - HORTON ST SENIORS CTR**  
519-434-9115 x 251  
505 Village Green Ave, Village Green Church  
www.bgc.london.ca
Support Groups

For more information on other support groups not listed here please visit: www.thehealthline.ca or call 211

ALZHEIMER SOCIETY
LONDON MIDDLESEX
519-680-2404
435 Windermere Rd.
www.alzheimerlondon.ca

HUNTINGTON SOCIETY
OF CANADA
519-660-0670
Meetings at Parkwood Institute
550 Wellington Rd.
www.huntingtonsociety.ca

PARKINSON FOUNDATION
OF CANADA
519-652-9437
4500 Blakie Rd. Unit 117
www.parkinsonsociety.ca

ARTHRITIS SOCIETY
519-433-2191
204-400 York St.
www.arthritis.ca

LONDON AND DISTRICT
STROKE RECOVERY
ASSOCIATION
1-800-263-3463 ext 7763
www.marchofdimes.ca

MULTIPLE SCLEROSIS
SOCIETY - LONDON
MIDDLESEX CHAPTER
519-646-6030
Mount Hope Centre for Long-Term Care
21 Grosvenor St
mssociety.ca/chapter/londonmiddlesex-chapter

BRAIN INJURY ASSOCIATION
OF LONDON AND REGION
519-642-4539
341 Talbot St
www.braininjurylondon.on.ca

MCCORMICK CARE GROUP
DEMENTIA SERVICES
519-439-9336
2022 Kains Rd.
www.mccormickcaregroup.ca

WELLSPRING LONDON
AND REGION CANCER
SUPPORT CENTRE
519-438-7379
YMCA of London (Centre Branch)
382 Waterloo St.
www.wellspringlondon.ca

CANADIAN MENTAL HEALTH
ASSOCIATION - MIDDLESEX
BRANCH
519-668-0624
534 Queens Ave
www.cmhamiddlesex.ca

For more information on other support groups not listed here please visit: www.thehealthline.ca or call 211.
These are just a few of the retirement homes that have programs that are open to the community. Please contact them directly for more information.
Annual Special Events

For more special events visit Tourism London www.londontourism.ca

CREATIVE AGE FESTIVAL
May
Central Library
Contact the Library for more information
519-661-4600

REXPO-RECREATION AND LEISURE FAIR
Every April
Kiwanis Seniors Community Centre
78 Riverside Dr.
519-661-1620

STEPPING OUT SAFELY
First Saturday in October
Kiwanis Seniors Community Centre
78 Riverside Dr.
519-661-1620

“FALL” INTO LEISURE -OPEN HOUSE
Showcasing all programs for the Fall.
Held every August at the Kiwanis Seniors Community Centre
78 Riverside Dr.
519-661-1621

SENIOR HEALTH TODAY WELLNESS FAIR:
Every September
An annual health fair held at Cherryhill Mall

AGE FRIENDLY LONDON CONFERENCE
519-661-1620
Arts & Culture Programs

BANTING HOUSE NATIONAL HISTORIC SITE OF CANADA
519-673-1752
442 Adelaide St. N.
www.diabetes.ca/about-cda/banting-house

FANSHAWE PIONEER VILLAGE
519-457-1296
1424 Clarke Rd.
Enter - Fanshawe Conservation Area Gates
www.fanshawehippervillage.ca

LONDON DISTRICT WEAVERS AND SPINNERS
519-659-6440
1731 Churchill Ave.
www.ldsw.ca

ARTISANS LONDON
1731 Churchill Ave.
www.artisanslondon.org

JET AIRCRAFT MUSEUM
519-453-7000
2465 Aviation Lane, Unit #2
London International Airport
www.jetaircraftmuseum.ca

MUSEUM LONDON
519-661-0333
421 Ridout St. N.
www.museumlondon.ca

ELDON HOUSE
519-661-5169
481 Ridout St. N.
www.eldonhouse.ca

JONATHON BANCROFT-SNELL GALLERY
519-434-5443
258 Dundas St.

MCINTOSH GALLERY
519-661-3181
Western University, 1151 Richmond St.
mcintoshgallery.ca
<table>
<thead>
<tr>
<th>Museum/Project</th>
<th>Phone Number</th>
<th>Address</th>
<th>Website Link</th>
</tr>
</thead>
<tbody>
<tr>
<td>MUSEUM OF ONTARIO ARCHAEOLOGY</td>
<td>519-473-1360</td>
<td>1600 Attawandaron Rd.</td>
<td><a href="http://www.archaeologymuseum.ca">www.archaeologymuseum.ca</a></td>
</tr>
<tr>
<td>ROYAL CANADIAN REGIMENT MUSEUM</td>
<td>519-660-5275</td>
<td>Wolseley Barracks</td>
<td><a href="http://www.facebook.com/RCRMuseum">www.facebook.com/RCRMuseum</a></td>
</tr>
<tr>
<td>THE ARTS PROJECT</td>
<td>519-642-2767</td>
<td>203 Dundas St. E.</td>
<td><a href="http://www.artsproject.ca">www.artsproject.ca</a></td>
</tr>
<tr>
<td>THE SECRETS OF RADAR MUSEUM</td>
<td>519-691-5922</td>
<td>Western Counties Rd.</td>
<td><a href="http://www.secretsofradar.com">www.secretsofradar.com</a></td>
</tr>
<tr>
<td>EL SISTEMA AEOLIAN ADULT ORCHESTRA</td>
<td>519-672-7950</td>
<td>795 Dundas St. E.</td>
<td><a href="http://aeolianhall.ca">aeolianhall.ca</a></td>
</tr>
<tr>
<td>WORD’S WORTH</td>
<td>519-871-9673</td>
<td></td>
<td><a href="mailto:wordsmith@sandyross.ca">wordsmith@sandyross.ca</a></td>
</tr>
<tr>
<td>2 HANDS CLAY</td>
<td>519-434-8810</td>
<td></td>
<td><a href="http://www.2hands.ca">www.2hands.ca</a></td>
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</tbody>
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## Community Centres

<table>
<thead>
<tr>
<th>Centre Name</th>
<th>Phone Number</th>
<th>Address</th>
<th>Website Link</th>
</tr>
</thead>
<tbody>
<tr>
<td>Argyle Community Resource Centre</td>
<td>519-457-7659</td>
<td>2016 Dundas St. E</td>
<td><a href="http://www.argylecommunity.com">www.argylecommunity.com</a></td>
</tr>
<tr>
<td>Argyle Community Resource Centre</td>
<td>519-457-7659</td>
<td>2016 Dundas St. E</td>
<td><a href="http://www.argylecommunity.com">www.argylecommunity.com</a></td>
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<tr>
<td>Boyle Memorial Community Centre</td>
<td>519-661-5575</td>
<td>530 Charlotte St.</td>
<td><a href="http://www.london.ca/recreation/communitycentres">www.london.ca/recreation/communitycentres</a></td>
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<td>Byrion Optimist Community Centre</td>
<td>519-661-5575</td>
<td>1308 Norman Ave</td>
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<td>Carling Heights Optimist Community Centre</td>
<td>519-661-2523</td>
<td>656 Elizabeth St.</td>
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<tr>
<td>Crouch Neighbourhood Resource Centre</td>
<td>519-642-7630</td>
<td>550 Hamilton Rd.</td>
<td><a href="http://www.crouchonline.org">www.crouchonline.org</a></td>
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<td>799 Homeview Rd.</td>
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<td>East Lions Artisans Centre</td>
<td>519-661-5575</td>
<td>1731 Churchill Ave.</td>
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<tr>
<td>Glen Cairn Community Resource Centre</td>
<td>519-668-2745</td>
<td>244 Adelaide Street South</td>
<td><a href="http://www.gccrc.ca">www.gccrc.ca</a></td>
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<tr>
<th>Community Centre</th>
<th>Phone</th>
<th>Address</th>
<th>Website</th>
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<tr>
<td>LAMBEITH COMMUNITY CENTRE</td>
<td>519-661-5575</td>
<td>7112 Beattie St. W.</td>
<td><a href="http://www.london.ca/recreation/communitycentres">www.london.ca/recreation/communitycentres</a></td>
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<tr>
<td>MEDWAY COMMUNITY CENTRE</td>
<td>519-661-5575</td>
<td>1119 Sherwood Forest Square</td>
<td><a href="http://www.london.ca/recreation/communitycentres">www.london.ca/recreation/communitycentres</a></td>
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<tr>
<td>NORTHWEST LONDON COMMUNITY RESOURCE CENTRE</td>
<td>519-471-8444</td>
<td>1225 Wonderland Rd. N.</td>
<td><a href="http://www.nwrc.ca">www.nwrc.ca</a></td>
</tr>
<tr>
<td>NORTH LONDON OPTIMIST COMMUNITY CENTRE</td>
<td>519-661-5198</td>
<td>1345 Cheapside St.</td>
<td><a href="http://www.london.ca/recreation/communitycentres">www.london.ca/recreation/communitycentres</a></td>
</tr>
<tr>
<td>STONEY CREEK COMMUNITY CENTRE</td>
<td>519-667-4400</td>
<td>920 Sunningdale Rd. E.</td>
<td><a href="http://www.london.ca/recreation/communitycentres">www.london.ca/recreation/communitycentres</a></td>
</tr>
<tr>
<td>SOUTH LONDON COMMUNITY CENTRE</td>
<td>519-686-8600</td>
<td>1119 Jalna Blvd.</td>
<td><a href="http://www.london.ca/recreation/communitycentres">www.london.ca/recreation/communitycentres</a></td>
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<tr>
<td>STRONACH COMMUNITY CENTRE</td>
<td>519-661-2362</td>
<td>1221 Sandford St.</td>
<td><a href="http://www.london.ca/recreation/communitycentres">www.london.ca/recreation/communitycentres</a></td>
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<tr>
<td>SPRINGBANK GARDENS COMMUNITY CENTRE</td>
<td>519-661-5575</td>
<td>205 Wonderland Rd. S.</td>
<td><a href="http://www.london.ca/recreation/communitycentres">www.london.ca/recreation/communitycentres</a></td>
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</table>
Cultural Centres

CERCLE DES COPAINS DE LONDON
519-645-0191
ou 519-472-8897
920, rue Huron.
www.cercledescopains.ca

CHRIST THE KING UKRAINIAN CATHOLIC CHURCH
519-434-6593
707 Nelson St.
www.ctkucc.ca

CHINESE CANADIAN NATIONAL COUNCIL
519-451-0760
1701 Trafalgar St.
www.londonccnc.ca

DUTCH CANADIAN CLUB
519-455-7170
1738 Gore Rd.
www.dutchcanadiansociety.com

ELDERS CIRCLE AND TEACHING PROGRAM
At Atlohsa Native Family Healing Services
519-438-0068
343 Richmond St. Ste 109
www.atlohsa.com

GERMAN CANADIAN CLUB
519-433-2901
1 Cove Rd.
www.germancanadianclublondon.com

GREEK ORTHODOX COMMUNITY
519-438-7951
133 Southdale Rd. E.
www.londongreekcommunity.com/get-involved/senior-programs

GREEK ORTHODOX COMMUNITY
519-438-7951
133 Southdale Rd. E.
www.londongreekcommunity.com/get-involved/senior-programs

GREEK ORTHODOX COMMUNITY
519-438-7951
133 Southdale Rd. E.
www.londongreekcommunity.com/get-involved/senior-programs

LUSO COMMUNITY SERVICES
519-452-1466
1193 Oxford St. E. Unit 2
www.lusocentre.org

LONDON CROSS CULTURAL LEARNERS CENTRE
519-432-1133
505 Dundas St.
www.lcclc.org

LONDON INTERCOMMUNITY HEALTH CENTRE
519-660-0874
659 Dundas St.
www.lihc.on.ca

LONDON JEWISH COMMUNITY CENTRE
519-673-3310
536 Huron St.

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519-673-3310
536 Huron St.

LONDON INTERCOMMUNITY HEALTH CENTRE
519-660-0874
659 Dundas St.
www.lihc.on.ca

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536 Huron St.

LONDON INTERCOMMUNITY HEALTH CENTRE
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659 Dundas St.
www.lihc.on.ca

LONDON JEWISH COMMUNITY CENTRE
519-673-3310
536 Huron St.
Education/Personal Interest Courses

**CENTRE FOR LIFELONG LEARNING**
519-659-1224
1230 King St.
www.cfl.li.on.ca

**CITY OF LONDON SPECTRUM PROGRAMS**
519-661-5575
www.london.ca/spectrum

**FANSHAWE COLLEGE**
519-452-4430
1460 Oxford St. E Rm. A1037
www.fanshawec.ca

**LONDON PUBLIC LIBRARY**
519-661-4600
www.londonpubliclibrary.ca

**THIRD AGE OUTREACH PROGRAM**
519-661-1621
St. Joseph’s Health Care London, 78 Riverside Dr.
www.thirdageoutreach.ca

**ROADSCHOLAR (FORMERLY ELDERHOSTEL)**
1-800-454-5768
www.roadscholar.org

**SOUTH LONDON NEIGHBORHOOD RESOURCE CENTRE**
519-452-2660 ext. 69974
1119 Jalna Blvd.
www.slhrc.org

**SOCIETY FOR LEARNING IN RETIREMENT**
519-438-3525
Grosvenor Lodge, 1017 Western Rd.
www.slrondon.ca

**THAMES VALLEY DISTRICT SCHOOL BOARD**
(Wheable Adult Education Centre)
519-452-2660
70 Jacqueline St.
www.tvdsb.on.ca

**WESTERN CENTRE FOR CONTINUING STUDIES**
519-661-3658
355 Wellington St.
www.uwo.ca/cstudies

**SERBIAN CULTURAL CENTRE**
519-652-2771
5567 Wonderland Rd. S.
www.svetisavalondon.com

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519-452-2660 ext. 69974
1119 Jalna Blvd.
www.slhrc.org
<table>
<thead>
<tr>
<th>Fitness &amp; Physical Activity</th>
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<tr>
<td><strong>BOB HAYWARD YMCA</strong></td>
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<tr>
<td><strong>CANADIAN CENTRE FOR ACTIVITY AND AGING</strong></td>
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<tr>
<td><strong>CARLING HEIGHTS OPTIMIST COMMUNITY CENTRE</strong></td>
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<tr>
<td><strong>CENTRE BRANCH YMCA</strong></td>
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<tr>
<td><strong>CHELSEY PARK COMMUNITY HEALTH CLUB</strong></td>
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<tr>
<td><strong>ELMWOOD LAWN BOWLING</strong></td>
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<tr>
<td><strong>HUFF N’ PUFT SENIORS FITNESS ASSOCIATION</strong></td>
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<tr>
<td><strong>HUTTON HOUSE FITNESS CENTRE</strong></td>
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<tr>
<td><strong>PHYSICAL MAINTENANCE PROGRAM, PARKWOOD HOSPITAL</strong></td>
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<td><strong>PARKWOOD FITNESS CENTRE</strong></td>
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<td><strong>STONEY CREEK YMCA</strong></td>
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<td><strong>VON SMART PROGRAMS</strong></td>
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The City of London offers many fitness and physical activity programs through their senior centres, community centres, satellite programs and Spectrum programs.

For more information:
**519-661-5575** | **www.london.ca**
Health Centres

CENTRE OF HOPE FAMILY HEALTH TEAM
519-645-2348
www.centreofhope.ca

CHERRYHILL HEALTHY AGEING PROGRAM - VON
519-675-1094
Cherryhill Mall, 301 Oxford St. W.

LONDON INTERCOMMUNITY HEALTH CENTRE
519-660-0874
659 Dundas St.
www.lihc.on.ca

LONDON INTERCOMMUNITY HEALTH CENTRE
519-659-6399
1355 Huron St.
www.lihc.on.ca

VON COMMUNITY SUPPORT PROGRAMS
519-659-2273
200-1151 Florence St.
www.vonmiddlesexelgin.com

Day Programs

MCCORMICK DEMENTIA CARE SERVICES
519-439-9336
2022 Kains Rd.
www.mccormickcaregroup.ca

DEARNESS SERVICES - DAY PROGRAM
519-661-0400
710 Southdale Rd. E.
www.london.ca/seniors/dearness

SALVATION ARMY ADULT DAY PROGRAM
519-455-5177
1340 Dundas St. E.
thehealthline.ca/healthlibrary/adultdayprograms
London Public Library

www.londonpubliclibrary.ca

CENTRAL LIBRARY
519-661-4600
Citi Plaza Mall, 251 Dundas St.

CARSON LIBRARY
519-438-4287
465 Quebec St.

EAST LONDON LIBRARY
519-451-7600
2016 Dundas St. E.

BEACOCK LIBRARY
519-451-8140
1280 Huron St.

CHERRYHILL LIBRARY
519-439-6456
301 Oxford St. W.

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519-681-6797
2950 Glanworth Dr.

BYRON LIBRARY
519-471-4000
1295 Commissioners Rd. W.

CROUCH LIBRARY
519-673-0111
550 Hamilton Rd.

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1119 Jalna Blvd.
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519-652-2951
7112 Beattie St.

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519-685-1333
1166 Commissioners Rd. E.

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519-473-4708
3200 Wonderland Rd. S.

LANDON LIBRARY
519-439-6240
167 Wortley Rd.

SHERWOOD LIBRARY
519-473-9965
1225 Wonderland Rd. N.

VISITING LIBRARY SERVICE
519-661-6444

MASONVILLE LIBRARY
519-660-4646
30 North Centre Rd.

STONEY CREEK LIBRARY
519-930-2065
920 Sunningdale Rd. E.
COMMUNITY LIVING LONDON
519-686-3000
190 Adelaide St. S.
www.clil.on.ca

ELMWOOD AVENUE PRESBYTERIAN CHURCH
519-438-3492
111 Elmwood Ave. E.
www.elmwoodchurch.ca

FOREVER GREEN SENIORS DROP-IN
West London Alliance Church
519-471-8716
750 Wonderland Rd. N.
www.wlachurch.org/calendar

HUTTON HOUSE
519-472-6381
654 Wonderland Rd. N.
www.huttonhouse.com

LAMBERT HORTICULTURAL SOCIETY
519-472-0363
4268 Colonel Talbot Rd.
www.lambethhort.com

LONDON SENIOR GAMES
519-686-9926
www.londonseniorgames.com

LONDON/FANSHAWE HORTICULTURAL SOCIETY
519-652-3409
1311-905 Southdale Rd. W.
www.gardenontario.org/london

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519-686-3000
190 Adelaide St. S.
www.clil.on.ca

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NEWCOMERS CLUB
519-641-5777
www.londonnewcomersclub.com
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<tr>
<th>Organization</th>
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<td>Royal Canadian Legion - Duchess of Kent</td>
<td>499 Hill St.</td>
<td>519-438-6521</td>
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<tr>
<td>Royal Canadian Legion - Byron Branch</td>
<td>1276 Commissioners Rd. W.</td>
<td>519-472-3300</td>
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<td>Third Age Outreach</td>
<td></td>
<td>519-661-1620</td>
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<tr>
<td>Retirement Research Association - Walking Program at Western</td>
<td>c/o Grosvenor Lodge, 1017 Western Rd.</td>
<td>519-686-0551</td>
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<tr>
<td>Thames Valley Trail Association</td>
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<td>The Garden Club of London</td>
<td>Civic Garden Complex</td>
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<tr>
<td>Royal Canadian Legion - Victory Branch</td>
<td>311 Oakland Ave.</td>
<td>519-455-2230</td>
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<tr>
<td>Taoist Tai Chi Society</td>
<td>456 Southdale Rd. E.</td>
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<td>Third Age Outreach Program</td>
<td></td>
<td>519-661-1621</td>
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Having a hard time finding fun, meaningful activities? Need to make some social connections? Then maybe you need to take a “LEAP” and learn something different!

Participants will have the opportunity to develop and learn:

- Leisure skills and confidence in their abilities
- Social connections
- Awareness about the benefits of a satisfying leisure lifestyle
- About leisure opportunities that are available in the community
- To identify and overcome barriers to their leisure

For more information or to register please contact:

Third Age Outreach of St. Joseph’s Health Care London
Contact 519.661.1621 or 519.661.1620
www.thirdageoutreach.ca

Location
Kiwanis Seniors Community Centre
78 Riverside Drive London, Ontario
N6H 1B4
For more information or to provide updates please contact:

Bev Farrell

C/o Third Age Outreach

Of St. Joseph’s Health Care London

Contact

519.661.1620

www.thirdageoutreach.ca

Beverly.farrell@sjhc.london.on.ca

Location

Kiwanis Seniors Community Centre

78 Riverside Drive London, Ontario

N6H 1B4